

Wegovy tablet

semaglutide | Daily tablet

A simple morning routine

Give your medicine its own 30-minute window before breakfast, coffee, or other oral medicines.



1. Start on an empty stomach

Take your prescribed tablet in the morning before eating or drinking.

2. Swallow with plain water

Use no more than 4 ounces of water. Swallow whole; do not split, crush, chew, or dissolve.

3. Wait at least 30 minutes

Then you can eat, drink, or take other oral medicines. Ask your pharmacist about medicines with their own timing requirements.

Worth remembering

Keep tablets in their original tightly closed bottle, rather than a pill organizer.

Wegovy tablet dose plan and practical reminders

How the dose increases

Once daily | Adult weight management

Increase only when your prescriber directs. This is a reference schedule, not a personal dosing plan.

Dose	Usual timing	Role
1.5 mg	Days 1-30	Starting dose
4 mg	Days 31-60	Escalation dose
9 mg	Days 61-90	Escalation dose
25 mg	Day 91 onward	Maintenance dose

This is the usual schedule. Your prescriber may delay an increase if needed for tolerability. Take only your prescribed strength, one tablet per day.

Missed a dose?

Skip the missed tablet. Take your next dose the following day. Do not take an extra tablet to make up for it.

Storage and travel

Store in the original bottle at room temperature, 68-77°F, in a dry place with the cap tightly closed.

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